

GROWTH GROUP QUESTIONS WEEK OF NOV 1<sup>ST</sup> 2015  
FORTIFY YOUR SPIRIT                      COLOSSIANS 3:12-17

*Take a little time to review this week's sermon. Using your sermon notes and your Bible, answer the following questions before the group meeting. Write out your answers so you'll feel more comfortable sharing them with the group. Have a great time!*

**I. Getting to Know You**

Have you ever done a strength or fitness program? How challenging was it?

**II. Digging Deeper**

1. Discuss the 4 things God has done for us according to verses 12-13.

2. Note the places in verses 12-17 where we are challenged to be thankful. What does thankfulness have to do with spiritual maturity?

3. Compare Ephesians 4:18-21 with Colossians 3:17. What does that suggest about being filled with the Spirit and being filled with the Word?

4. What are some steps we can take to let the Word of Christ dwell richly in us?

**III. Making it Personal**

5. Evaluate your character according to verse 12. Which virtues come easier to you and which are harder? How can you begin to nurture the more difficult virtues?

6. Make a list of at least 5 things you can be thankful for. Try to avoid just generic things like "sunshine" or "life" (unless some experience/circumstance has made you genuinely thankful for life).

7. Pick 1 or 2 steps from question 4 and begin to incorporate them in your life.

**IV. Prayer**