

GROWTH GROUP QUESTIONS WEEK OF MAR 23, 2025

Luke 10:38-42

J. Richards

TOO STRESSED TO BE BLESSED

Take a little time to review this week's sermon. Using your sermon notes and your Bible, answer the following questions before the group meeting.

Write out your answers so you'll feel more comfortable sharing them with the group. Have a great time!

I. Getting to Know You

How did you experience God working in your life this week? How can we pray for you?

II. Digging Deeper

1. Discuss the change(s) that occurred in Martha between verses 38 and 40.
2. Why is it so easy to blame others (even God) when things aren't going the way we want (verse 40)?
3. Martha felt justified in her actions (verse 40). Why is it so difficult for us to notice when we are spiraling out of control?

4. Discuss the difference between viewing our relationship to Christ as a matter of *duty* or as a matter of *devotion* (verses 39-40).

5. What do you think is the "one thing" that is necessary (verse 41)?

6. Do you think it requires courage to "sit" at Jesus' feet (verse 39) Why or why not?

III. Making it Personal

7. How do you regard the presence of Jesus in your life? Is He a clear and present blessing, or a cause of stress?
8. How will you make time to sit at Jesus' feet this week?
9. What impacted you most from this week's study?

IV. Prayer