

SONG OF CONFIDENCE

Take a little time to review this week's sermon. Using your sermon notes and your Bible, answer the following questions before the group meeting.

Write out your answers so you'll feel more comfortable sharing them with the group. Have a great time!

I. Getting to Know You

How did you experience God working in your life this week? How can we pray for you?

II. Digging Deeper

1. What do you understand from the ideas that God is our Refuge and Strength (verse 1)? Why do we need refuge and strength (verse 2-3)?
2. How important is the reality that God is a "present" help? Are you generally aware of God's nearness?
3. Discuss the stabilizing presence of God (verse 5).

4. What do you think it means to "be still" according to verse 10?

5. What is the meaning of the name "Lord of Hosts" (verses 7 & 11)? Why do you think it is used here?

III. Making it Personal

6. What part of this psalm reassures you the most?
7. Suggest two steps a Christian can take to grow in "stillness."
8. What impacted you most from this week's study?

IV. Prayer